

Meet Mary



Hi, I'm Mary. I have a number of health issues which means I am under the care of many different specialists. I am on a lot of different medicines and this often causes me confusion. If my consultant changes treatment for one of my conditions, it can impact on the treatment for some of my other conditions. It is a real balancing act.

Last week, I was on holidays in the West of Ireland and ended up in hospital. They had no access to my records, so I had to try to remember my medical history which is complex and my memory is not the best. They had to do a whole series of tests and scans to check me out. I was in hospital for days. If only they had access to my health records, I may not have needed all those additional tests. I would love to easily access my own records too, as I think it would help me to manage my own care a little better.