

Wellbeing at HIQA

The health and wellbeing of our staff is important to HIQA. We offer an extensive Wellbeing Programme to support its staff.

Working with us, staff have a range of services available to them to help them thrive in body, thrive in mind and thrive in life.



As health and wellbeing is not just 9-to-5 Monday to Friday, there is also access to services 24/7 via an online account.

Furthermore, HIQA has an Employee Assistance Programme which offers 24/7 support on topics such as:

- Family and or relationship problems
- Emotional problems
- Work-related issues
- Financial queries
- Legal matters.